**Broadway SC ‘Return to training rules’**

* All three forms: Health survey, Return to training-risk awareness and Parent Declaration need to be filled in and emailed before arriving at the pool. No forms = no swimming.
* Please follow guidance and directions set out by swimming venue.
* No spectators allowed.
* Swimmers to arrive ready to swim (costumes under clothes).
* Secondary aged pupils/adults will be required to wear a face mask in public areas when moving through the venues until they reach the poolside when they can be removed and stored in their bag (as current government guidance)
* Only swim if you are well and do not have Covid symptoms.
* Follow directions/ instructions around the swimming pool.
* Hand sanitisers available to use.
* Maintain social distancing at all times including in pool. (2 metres apart)
* Swimmers to arrive at the allocated time for their session. Swimmers that arrive late will not be able to enter the building.
* Swimmers will be asked to sanitise their hands before entry.
* Swimmers to take all belongings onto the poolside in their bag and put in their allocated section on the poolside and must not be touching another person’s kit.
* No sharing equipment. Kick board, pull buoy and water bottle (with name on) only.
* All kit must be place on the poolside in their starting position and must not be touching another person’s kit.
* Your coach will indicate where you will start and how to enter the water.
* Swimmers must listen carefully and follow instructions of the coach at all times. Failure to do so may result in the swimmer being asked to leave the session.
* Toilets may not be accessible depending on the venue. If you do need to use the toilet, swimmers must first inform the Covid officer on duty.
* At the end of their session swimmers will be asked to towel dry and put on a onesie, dressing gown, dry robe etc. quickly- Changing rooms will not be used at this time.
* Parents should wait nearby, either in the car park or nearest available space whilst their child is swimming. Therefore will be close by if required.
* Parents are asked to collect their child at the allocated time and be within sight of the door at the end of the session i.e. not waiting in a car.

**Thank you for your support**